

Using commodities for HUSSC



HealthierUS School Challenge: Recognizing Nutrition Excellence in Schools



Gold Award

Cooked dry beans or peas offered each week
At least one serving of whole grain each day
Dark green or orange vegetables offered three or more days per week.



Silver Award

Cooked dry beans or peas offered each week
At least one serving of whole grain three or more days per week
Dark green or orange vegetables offered three or more days per week.



Bronze Award

Same as Silver Award



Cooked dry beans/peas

- ☐ Pinto
- ☐ Pink
- ☐ Black-eyed peas
- ☐ Refried beans
- ☐ Kidney
- ☐ Red Kidney
- ☐ Great Northern
- ☐ Garbanzo
- ☐ Vegetarian (navy)
- ☐ Black turtle
- ☐ Split peas



Whole Grains

- ☐ Pancake, WG
- ☐ Tortilla, WG
- ☐ Flour, whole wheat
- ☐ Oats
- ☐ Rice, brown
- ☐ Pasta



Dark green or orange vegetables

- ☐ Broccoli
- ☐ Carrots
- ☐ Pumpkin
- ☐ Squash
- ☐ Sweet potatoes

